

COVID-19 Member Preparedness Training

1. These job site protocols are based on;
 - a) New OSHA standards and regulation
 - b) Occupational Safety and Health Administration Guidance
 - c) Employer policy
 - d) Legal advice

2. Coronavirus Disease 2019 (COVID-19) is a;
 - a) Type of influenza
 - b) A disease of the digestive system caused by bacteria
 - c) Respiratory disease caused by the SARS-CoV-2 virus
 - d) Disease present only in congested areas

3. Which of the below is not a symptom of COVID-19;
 - a) Fever
 - b) Cough
 - c) Skin Rashes
 - d) Shortness of Breath

4. COVID-19 is spread mainly from;
 - a) Person to person contact between people within about 6 feet
 - b) Respiratory droplets from cough or sneeze landing in the mouth or nose of others
 - c) Respiratory droplets inhaled into the lungs
 - d) All of the above

5. People are thought to be most contagious when;
 - a) They are most symptomatic
 - b) They are sleeping
 - c) They are initially exposed
 - d) They fail to report exposure

6. The latest information about COVID-19 is available on
 - a) MSNBC
 - b) The internet
 - c) Government websites and Health Organization websites
 - d) Social media

7. Which is not an important step for every employer to take;
 - a) **Require workers to be present regardless of circumstances**
 - b) Implement basic infection prevention measures
 - c) Develop policies and procedures for infection control
 - d) Follow existing OSHA Standards

8. Classifying Worker Exposure to SARS-COV-2 is important to;
 - a) Help manage project costs
 - b) Enable workers to pick their jobs
 - c) Identify industry advantages
 - d) **Help employers determine appropriate precautions**

9. Workers should not return to work until;
 - a) You feel better
 - b) The day after all symptoms have passed
 - c) **At least 3 days after all symptoms have passed**
 - d) At least 3 days after symptoms have first appeared

10. Workers should not return to work until;
 - a) You feel better
 - b) The day after all symptoms have passed
 - c) At least 1 day after all symptoms have passed
 - d) **At least 7 days after symptoms have first appeared**

11. If you feel sick, uncomfortable or unsafe, you should:
 - a) Fight through it
 - b) Talk to your friends about it
 - c) **Stay home**
 - d) Go to work regardless

12. To limit physical contact with others;
 - a) Increase personal space to 6 feet where possible
 - b) Limit in-person meetings and use on-line or phone meetings
 - c) Take breaks in shifts with smaller groups
 - d) **All of the above**

13. Enhance Social Distancing by;

- a) Avoid hoists and elevators for less than 5 flights of stairs
- b) Shaking hands
- c) Meeting in large groups
- d) Sharing food

14. When entering a new job site;

- a) Speak with everyone you see
- b) Shake hands with your new foreman
- c) Inquire who the employer has designated as COVID-19 representative
- d) Just get straight to work

15. If someone in your household is confirmed with COVID-19;

- a) Notify your supervisor
- b) Keep it to yourself
- c) Take Tylenol
- d) Try to stay at work longer

16. If you are confirmed with COVID-19;

- a) Notify your fellow employees
- b) Keep it to yourself
- c) Take Tylenol
- d) Try to stay at work longer

17. If you have worked within 6 feet of a co-worker who is confirmed with COVID-19;

- a) Monitor your temperature
- b) Don't shake hands with them
- c) Wash your hands
- d) Go home immediately

18. When attending Safety meetings;

- a) Signal attendance verbally to an individual recording attendance
- b) Do NOT pass around sign in sheets
- c) Do NOT share an iPad or tablet to record attendance
- d) All of the above

19. If employers are conducting pre-entry screening;
- Protect your personal information
 - Hide any symptoms you may have
 - Answer all questions openly and honestly
 - Try to avoid any sensitive information
20. If your temperature exceeds 100.4 degrees
- Take Tylenol
 - Leave and don't return to work for at least 3 days after your temperature returns to normal
 - Wait 15 minutes and have your temperature retaken
 - Stop around and visit your co-workers
21. Wash your hands;
- Frequently
 - Before eating, smoking or drinking
 - With soap and running water at least 20 seconds
 - All of the above
22. How should you disinfect and clean touched surfaces.
- With any rag that is handy
 - Use disinfectant wipes frequently on surfaces (doorknobs, keyboards, desktops, etc)
 - Only in bathrooms
 - When they appear dirty or smeared
23. Cover your nose and mouth when;
- When you sneeze or cough
 - If you hear someone cough
 - When you are near a window
 - If you don't feel well
24. Before returning home from work you should;
- Stop for groceries
 - Change your clothes
 - Call home to tell someone you are coming
 - Get gas in your truck

25. To avoid infection, PPE should be shared with co-workers;
- a) **Never**
 - b) When they forgot their own
 - c) When they are working on higher risk projects
 - d) If they need something extra you brought
26. Job site visitors should be;
- a) Discouraged
 - b) Subject to the same pre-entry screening as workers
 - c) Required to practice social distancing, hand washing and related protocols
 - d) **All of the above**
27. At Lunch Break it is recommended practice to
- a) All eat together in a circle
 - b) Eat in job trailer in superintendent office
 - c) **Not congregate and wipe all common areas with disinfectant**
 - d) Go home for lunch
28. Where can I go to find a resource to properly disinfect my Head & Eye Protection?
- a) New York Post
 - b) CNN/CBC
 - c) **MSA Cleaning Guide**
 - d) Dept of Education websites
29. What is a some common step employers can take to reduce workers risk of exposure to SAR-CoV-2?
- a) Deflect problems
 - b) **Prepare and Implement Basic Infection Prevention Measures**
 - c) Follow the lead of a sub-contractor
 - d) Arrange a carpool to get workers to and from the project
30. How could a COVID-19 outbreak affect the workplace?
- a) Absenteeism
 - b) Change in patterns of commerce
 - c) Interrupted supply/delivery
 - d) **All of the above**